

coloncare^{*}

Sachets



Mode of Action:

Lactobacillus rhamnosus: L. rhamnosus is said to be able to survive the highly acidic conditions of the human stomach, as well as the intestinal tract. It is also believed to be bile-stable. This makes the probiotic highly desirable in its ability to conquer intestinal ailments.

Lactobacillus paracasei: L. rhamnosus stimulates the production of antibodies and also assists in the process of phagocytosis, a means by which the body combats dangerous invasive bacteria.

Ref: <http://www.probiotic.org/lactobacillus-rhamnosus.htm>

Lactobacillus acidophilus: It is key to your digestion of dairy products and produces vitamin K, which is essential to proper blood clotting and bone formation and repair.

- Prevents and treats diarrhea.
- Reduces overgrowth of pathogens in your digestive tract.
- Relieves Irritable Bowel Syndrome, Crohn's disease, and gut dysbiosis.

Ref: http://bodyecology.com/articles/benefits_of_beneficial_bacteria.php

Lactobacillus sporogenes : Lactobacillus is used for skin disorders such as fever blisters, canker sores, eczema (allergic dermatitis); and acne.

It is also used for high cholesterol, lactose intolerance, Lyme disease, hives, and to boost the immune system.

Bifidobacterium longum: Bifidobacterium longum is a probiotic bacterium with a long list of health benefits, especially for your colon. It is commonly found in adults and children in the GI tracts and female vagina. Tolerance tests show that it is well tolerated as an oral probiotic.

– Ref: <http://www.powerofprobiotics.com/Bifidobacterium-longum.html#sthash.ht9HoXns.dpuf>

A perfect blend of 6 PROBIOTICS (1.5 bn. cells) and 2 PREBIOTICS to maintain healthy gut flora

PROBIOTICS

Lactobacillus Rhamnosus
Lactobacillus Paracasei
Lactobacillus Acidophilus
Lactobacillus Sporogenes
Bifidobacterium Longum
Saccharomyces Boulardii

PREBIOTICS

Inulin 500 mg
Fructo-oligosaccharides 500 mg



Saccharomyces boulardi :

Immunity:

- S. boulardii can stimulate your immunity, both innate (first line of defense) and adaptive (with antibodies), in response to pathogen infections

Diarrhea:

- S. boulardii can help prevent traveler's diarrhea
- It can help prevent and treat C. difficile diarrhea after antibiotics
- It is very effective in the prevention and treatment of antibiotic-associated diarrhea since it is not affected by antibiotics.

- Ref: at: <http://www.powerofprobiotics.com/Saccharomyces-boulardii.html#sthash.GpuE0CDo.dpuf>

PREBIOICS:

Inulin: Inulin is a soluble dietary fibre. It is a naturally occurring oligosaccharide (several simple sugars linked together) belonging to a group of carbohydrates known as fructans. Inulin has a number of health benefits. As a result this dietary fibre is used as a prebiotic agent in functional foods to stimulate the growth of beneficial intestinal bacteria

Ref: <http://www.prebiotic.ca/inulin.html>

Fructooligosaccharides : Increases the population of bifidobacteria in the colon.^{1,2}

Acts as a non-digestible fiber in the diet and so can help relieve constipation.

Some fructooligosaccharides are also made by the hydrolysis (breaking down) of inulin from chicory. FOS is becoming increasingly popular as a prebiotic and is now added to many types of processed foods.

Ref: <http://www.probiotics-help.com/fructooligosaccharide.html>

PHARMACOLOGY

Prebiotics are Non-digestible food ingredients that can beneficially influence the host by selectively stimulating the growth or /and activity of a certain number of bacteria in the colon. In fact, they are the food for the friendly bacteria. They may be added to the diet to provide the situation for effective bacteria to grow and survive in the digestive mechanism.

Probiotics are "live microorganisms which when administered in adequate amount confer a health benefit on the host (FAO 2001). "Research has suggested that probiotic bacteria can help reduce the risk of certain illnesses, Assist [lactose intolerant](#) people with lactose digestion, Enhance the [immune function](#)

DOSAGE:

1-2 Sachets a day.

PACK

1.5gm x 10 sachets

Indication

- ▶ Diarrhea
- ▶ Complications of antibiotic therapy
- ▶ Dysbacteriosis
- ▶ Allergies / Eczema
- ▶ Hepatic disease
- ▶ Maldigestion
- ▶ Neonatal Enterocolitis
- ▶ Inflammatory Bowel Disease
- ▶ Irritable Bowel Syndrome

For further info:

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